

CORONAVIRUS – HELP FOR THOSE “SELF-ISOLATING” WHO NEED HELP WITH SHOPPING AND/OR COLLECTING MEDICATION

The situation with Coronavirus is changing rapidly so these arrangements may well have to be reviewed.

Government and NHS advice is available as follows:

NHS: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Government information: <https://www.gov.uk/government/publications/coronavirus-action-plan/coronavirus-action-plan-a-guide-to-what-you-can-expect-across-the-uk>

It is possible that significant numbers of people in the valley may have to “self-isolate”. The churches and other groups are working together to try and ensure that those who may need practical help with shopping etc in this situation can receive help if needed. Contingency plans are at a very early stage at the point when material has to be submitted for publication in the 3 magazines covering the Teign Valley and Haldon Hill area, but details will hopefully be made available locally on noticeboards, village websites etc where possible – see the following:

A Church Near You websites:

Ashton – <https://www.achurchnearyou.com/church/8766/page/53729/view/>

Bridford – <https://www.achurchnearyou.com/church/8767/page/53727/view/>

Christow – <https://www.achurchnearyou.com/church/8765/page/53726/view/>

Doddiscombsleigh – <https://www.achurchnearyou.com/church/8793/page/53728/view/>

Dunchideock – <https://www.achurchnearyou.com/church/8770/page/53671/view/>

Dunsford - <https://www.achurchnearyou.com/church/8792/page/53725/view/>

Christow website - <http://www.christowparishcouncil.gov.uk/>

Doddiscombsleigh website - <https://www.doddiscombsleigh.org/>

Dunchideock website - <https://www.dunchideock.org.uk>

Dunsford website - <http://www.dunsford-village.org.uk>

Mission Community Facebook page - <https://www.facebook.com/tvhhmc/>

Plans currently include identifying a central co-ordinator in each village to link up those offering to help with shopping and/or collecting medication with those who need some assistance. Arrangements are currently as follows:

Dunchideock: Steve Cook – T: 01392 832332 or E: tvhchurches@gmail.com

Dunsford: Karen Morris at The Shop – T: 01647 252330 E: dunsfordshop@gmail.com

Until further details are available, please contact the Churches’ Administrator (Steve Cook) on 01392 832332 or tvhchurches@gmail.com if you live in one of the other parishes and either need assistance, or are willing to help with shopping.

HOME SUPPORT GUIDANCE

This guidance contains important advice for those offering and those receiving help with the delivery of shopping and medication in the six parishes of the Teign Valley and Haldon Hill Mission Community (Ashton, Bridford, Christow, Doddiscombsleigh, Dunchideock and Dunsford) during the present Coronavirus crisis.

IMPORTANT ADVICE

General

- Both those offering support and those receiving it should maintain the highest level of hygiene by washing hands or using hand sanitiser both before and after contact
- If possible, items should be left at the front door or another pre-arranged place, after confirming that the recipient is able to pick up the items
- Do not shake hands or make other personal contact
- Maintain a safe distance of at least 2 metres

Communication

- If possible send a list of shopping required, and/or details of medication (e.g. number of items, address of pharmacy) by email or over the telephone
- State clearly if alternatives are acceptable if the requested shop items are not available

Shopping

- Shopping should be collected in shop-supplied bags or the shopper's own bags – do not use bags from the person needing support

Payment

- No charge should be accepted for the collection and delivery of items – it is a free and voluntary service
- Payment for shopping or prescription charges can be made by
 - BACS transfer (where this is possible/available)
 - cheque or cash (both parties should wash/sanitise hands before handling cash or a cheque)
 - other personal arrangements